



WHITESTOWN PARKS & RECREATION UNVEILS NEW PROGRAM

New 'Recreation on Wheels' Initiative Brings Fitness into Neighborhoods

For Immediate Release:

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WHITESTOWN, Ind. – School's out and summer break has officially begun. In this age of electronics, it's more important than ever that parents encourage their kids to take advantage of the beautiful weather and get outside to play. Getting exercise outdoors is the main push of the Whitestown Parks & Recreation Department's new 'Recreation on Wheels' initiative, launched June 10th in conjunction with this year's National Recreation and Parks 'Family Health & Fitness Day' – a day designated to promote the importance of parks and recreation in keeping communities healthy.

'Recreation on Wheels' will bring fitness and fun into our neighborhoods and green spaces all summer long. The new program has been generously sponsored by TDS & Witham Health here in Whitestown.

"We've acquired an assortment of outdoor toys and games for all ages," explains Parks Department Event Coordinator, Sarah Burns. "We'll take these fun, outdoor activities, load them up and transport them to our different parks, green spaces and neighborhoods throughout the summer. We invite families to come out and see how fun playing outdoors can be."

"It's important that kids take breaks from their electronics and find activities that they enjoy outside," said Burns, "Because when a child becomes active early on in life, they are more likely to make it a habit for decades to come." said Burns.

Please refer to the Whitestown Parks and Recreation social media accounts to find out where 'Recreation on Wheels' will be heading weekly.

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